

MAKO - 378-7331

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# handbook for marine diesel engines

*See # 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100*

4.154 M



Every endeavour has been made to ensure that the information contained in this book is correct at the date of publication, but due to continuous developments, Perkins Engines Ltd., reserve the right to alter the contents without notice.

## **handbook for 4.154M diesel engines**

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## engine guarantee

The guarantee applies to new engines and spare parts only. It does not cover second hand engines or parts, spurious parts, accessories and proprietary fittings.

Perkins do not accept guarantee claims direct from Boat Owners. If a claim under guarantee becomes necessary, the Boat Owner should contact the nearest Perkins Marine Distributor, his approved dealer or the Company from whom he purchased his craft.

The full terms of Perkins guarantee are set out in the Engine Guarantee Certificate which is issued with each engine and should be found with the ship's papers, having been passed by the Perkins Distributor to the Boatbuilder concerned.

It would assist if the Guarantee Certificate could be produced on any occasion that a claim is made.

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This handbook has been issued to guide operators in the correct use and maintenance of Perkins Marine Diesel engines. Providing an engine is correctly installed, correct maintenance and certain precautions are observed, then no operating difficulties or failures should be experienced. All matters relating to marine propulsion are covered, also fault diagnosis and remedy, and minor repairs which the average marine operator can undertake whilst his craft is afloat.

## on board tools

An "on board" tool kit for engine work is available but the following tools and general spares are suggested to supplement the kit :—

Hose clips, assorted.

Hose, assorted (convoluted type useful).

Fresh water pump driving belt.

Sea water pump driving belt.

Sea water pump impeller.

Wire (20 SWG).

Insulating tape.

Jointing compound.

Magnet (keep away from compass).

Mechanical fingers.

Self-gripping wrench.

Asbestos lagging.

Low pressure fuel pipe olives.

Small hacksaw with spare blade.

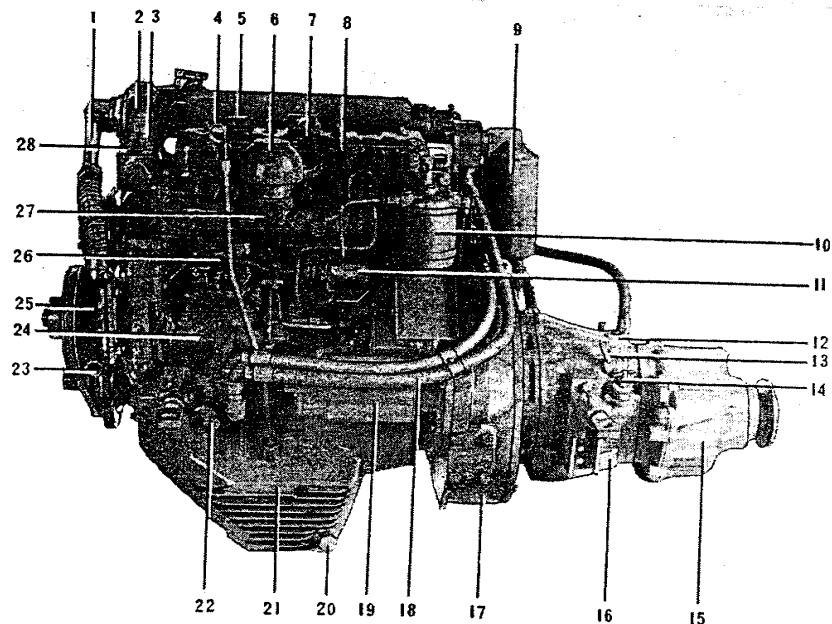
Assorted files.

For some engines an on board spares kit can be purchased from your Perkins Marine Distributor.

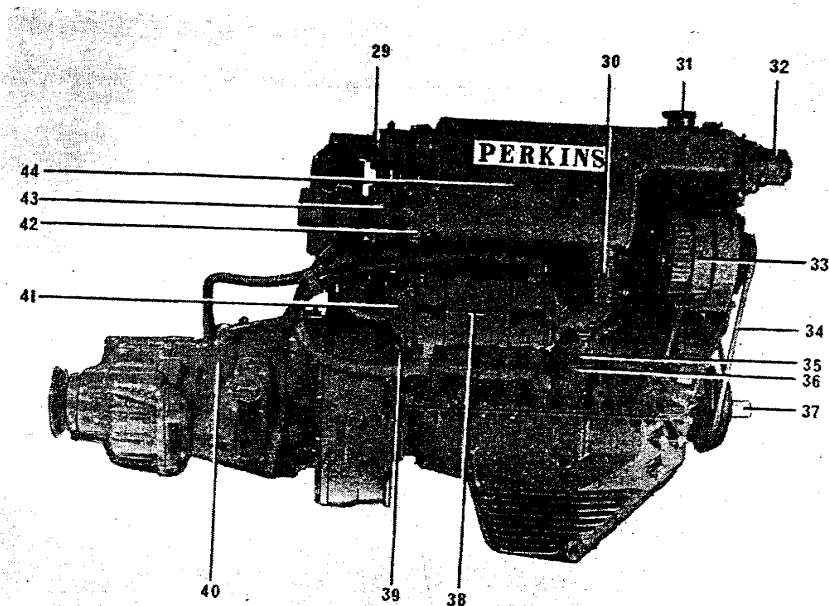
# PERKINS PARTS FOR PERKINS PRODUCTS

To ensure you obtain the best results from your engine and to safeguard your own guarantee, fit only genuine Perkins Parts. These are readily obtainable throughout the world.

Perkins engines are built to individual requirements to suit the applications for which they are intended and the following engine views do not necessarily typify any particular specification.



1. Sea Water Pipe from Pump to Heat Exchanger.
2. Fresh Water Pipe from Engine to Heat Exchanger.
3. Water Temperature Sender.
4. Lubricating Oil Dipstick.
5. Lubricating Oil Filler Cap.
6. Induction Air Filter.
7. Closed Circuit Breather Pipe.
8. Atomiser.
9. Lubricating Oil Filter Canister.
10. Fuel Oil Filter.
11. Electrical Engine Stop Control Actuator.
12. Gearbox Lubricating Oil Pressure Sender (position).
13. Gearbox Control Lever.
14. Gearbox Lubricating Oil Filler/Dipstick.
15. Reduction Gearbox.
16. Forward and Reverse Gearbox.
17. Flywheel Housing.
18. Flexible Lubricating Oil Pipes.
19. Starter Motor.
20. Lubricating Oil Sump Drain Plug.
21. Lubricating Oil Sump.
22. Engine Lubricating Oil Pressure Sender.
23. Sea Water Pump Inlet.
24. Fuel Injection Pump.
25. Sea Water Pump.
26. Engine Serial Number (position).
27. Cold Starting Adaptor.
28. Thermostat Housing.



29. Sea Water Outlet.
30. Fresh Water Pipe to Lubricating Oil Cooler.
31. Fresh Water Filler Cap.
32. Sea Water Inlet to Heat Exchanger.
33. Alternator.
34. Alternator/Fresh Water Pump Drive Belt.
35. Fuel Lift Pump.
36. Fuel Lift Pump Priming Lever.
37. Power Take-off Shaft.
38. Lubricating Oil Sump Drain Pump (position).
39. Lubricating Oil Cooler Water Drain Plug (or tap).
40. Neutral Switch (position).
41. Lubricating Oil Cooler.
42. Heat Exchanger/Exhaust Manifold Fresh Water Drain Plug.
43. Exhaust Manifold Flange.
44. Header Tank/Heat Exchanger/Exhaust Manifold.

PRIMARY FILTER - OPTIONAL

## engine identification

The engine type with which this handbook is associated is designated 4.154M.

The first figure in the engine designation denotes the number of cylinders. The second group of figures denotes the engine capacity in cubic inches. The letter "M" is for "marine".

## engine serial number

The serial number is stamped on the cylinder block immediately behind the Fuel Injection Pump.

It will consist of both figures and letters, the first set of figures represents the engine cubic capacity, the letter following signifies the manufacturing area and the last set of figures is the serial number.

The complete combination of figures and letters should be quoted when seeking information, assistance or spare parts.

## engine data

Type	Four Stroke. Indirect Injection
Nominal Bore	3.5 in (88,9 mm)
Stroke	4.0 in (101,6 mm)
No. of Cylinders	4
Cubic Capacity	153.9 in <sup>3</sup> (2,523 litres)
Compression Ratio	21.5 : 1
Firing Order	1, 3, 4, 2.
Valve Tip Clearance	0.012 in (0,30 mm) Cold
Oil Pressure	30-60 lbf/in <sup>2</sup> (2,1//4,2 kgf/cm <sup>2</sup> ) at maximum speed and normal operating temperature.
Sump Capacity	Installation angle 0° — 13.3 Imp pints (7,56 litres) 8.0 U.S. qts.
(Refer to Boat Builder)	Installation angle 5° — 13.7 Imp pints (7,78 litres) 8.25 U.S. qts.
	Installation angle 10° 14.6 Imp pints (8.30 litres) 8.75 U.S. qts.

### Rating Details

Pleasure Craft rating	58 shp at 3,000 rev/min
Commercial Craft rating	54 shp at 3,000 rev/min

# operating instructions

## PREPARATION FOR STARTING

### ENSURE FUEL IS TURNED ON!

Open engine coolant seacocks.

Check coolant level in header tank.

Check engine and gearbox lubricating oil levels (see page 27 for approved oils).

Ensure that the fuel tank contains considerably more than sufficient fuel for the intended voyage. The fuel oil should conform to one of the specifications given on page 20.

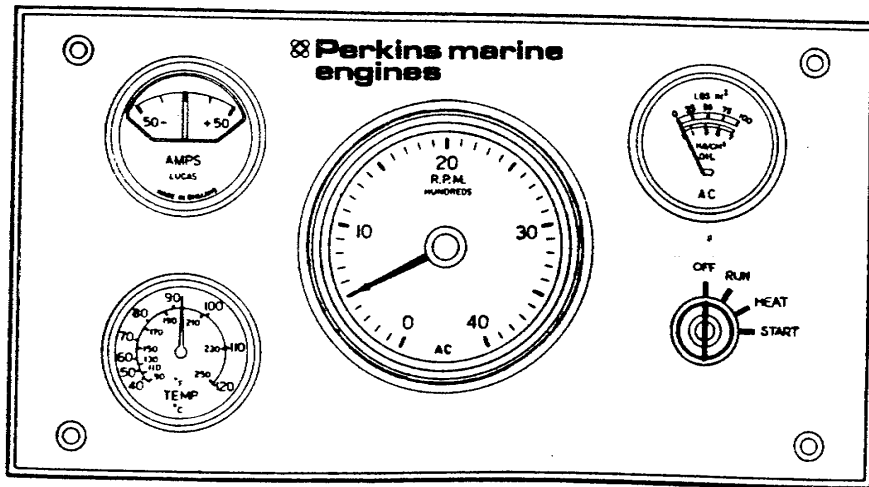


Fig. 1. Typical engine instrument panel.

## Starting the Engine

Place gearbox control in neutral gear.

Turn starter switch to position "R" fig. 2 and ensure that the engine stop control, if fitted, is in the run position (i.e., pushed fully home).

Place engine speed control in maximum speed position.

If the engine or weather is warm, turn starter switch in a clockwise direction to the "HS" position.

As soon as the engine starts, release the switch to the "R" position.

Be sure that the starter pinion and engine have stopped rotating before re-engaging the starter motor, otherwise damage may result.

## Cold Weather Starting Aids

### C.A.V. THERMSTART

Turn starter switch to the "H" position and hold it there for fifteen to twenty seconds.

Then turn the starter switch to the "HS" position, thereby engaging the starter motor.

If the engine does not start after twenty seconds, return the switch to the "H" position for ten seconds and then re-engage the starter motor by switching to the "HS" position.

As soon as the engine starts, release the switch to the "R" position and reduce the engine speed.

### TURNER QUICK START

Crank the engine over to break the drag of the oil film and when engine flywheel has stopped rotating, inject a measure of "Quick Start" by pulling out the knob and pushing it back just once. Pull out the "Quick Start" knob prior to starting.

Engage the starter motor and after one complete revolution of the engine push in the "Quick Start" Knob.

It may be necessary to assist continuous running by injecting more fluid by further strokes of the "Quick Start" knob.

**Do not use any starting device that incorporates the use of high energy fuels in conjunction with an induction heater unit.**

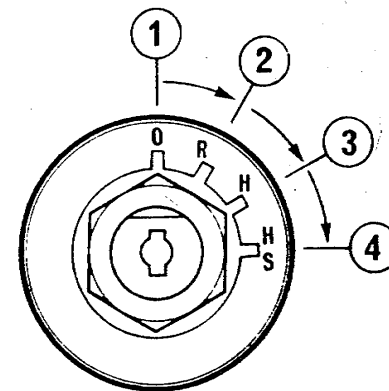


Fig. 2.

## TO STOP ENGINE

A spring loaded stop control is located near the normal engine controls and functions by cutting off the fuel at the fuel injection pump.

To operate, pull the knob and hold in this position until the engine ceases to rotate. Ensure that the control returns to the run position, otherwise difficulty may be experienced in restarting the engine.

On some engines, an electrical engine stop control actuating device is fitted. To operate, press the button provided on the instrument panel. Do not release until the engine ceases to rotate.

Switch off by turning switch to position "O".

## Things to Note

When the engine starts, check the following points :

- (a) That oil pressure is registered on gauge(s).
- (b) That charging rate is indicated on ammeter/generator light goes out.
- (c) That coolant is discharging overboard.

Care should be taken not to operate the engine at maximum speed for long periods.

## instruments

These serve to give the operator important information about the running of the engine, fuel state, temperature etc.

Generally speaking instruments have not the accuracy that a laboratory meter has and this should be borne in mind when reading them. nevertheless they may be used to ensure correct functioning of the engine(s).

### Engine Oil Pressure Gauge

This is one of the most important instruments and should be checked for correct operation as soon as the engine starts. Normal oil pressure is 30/60 lbf/in<sup>2</sup> (2,1/4,2 kgf/cm<sup>2</sup>) at maximum engine speed and normal operating temperature. However it should be remembered that during the life of the engine there will be a gradual drop in oil pressure. This is perfectly normal as bearing surfaces wear. There will also be a slight drop in pressure when the oil is hot or if the wrong grade of oil is used in certain climatic conditions. See page 27 for correct oil grades.

### Gearbox Oil Pressure Gauge

Where this is fitted the pressure should be within the ranges given on page 28. Here again there will be a slight pressure drop when the oil is hot.

### Tachometer

This provides the operator with the engine revolutions per minute (rev/min). The number indicated has usually to be multiplied by one hundred to give engine rev/min. e.g. 20 x 100 = 2,000 rev/min.

### Water Temperature Gauge

This indicates the normal running temperature of engine coolant. Coolant temperatures should remain within the ranges given on page 24. If high temperatures are experienced investigate the cause immediately (see page 34).



## preventive maintenance

If a Perkins marine diesel engine is to give long and trouble free service, it is imperative that it be maintained in accordance with the following Periodical Attentions :—

### Daily

- Check coolant level in header tank.
- Check sump oil level.
- Check engine and gearbox oil pressures (where gauge fitted).
- Check gearbox oil level.

### Every 150 hours or 3 months (whichever occurs first)

- Drain and renew engine lubricating oil (see page 27).
- Renew lubricating oil filter canister.
- Check drive belt tensions.
- Clean air intake gauze or screen.
- Check engine for leakage of oil and water.
- Clean sedimenter water trap.

### Every 450 hours or 12 months (whichever occurs first)

- Renew final fuel filter element.
- Check hoses and clips.
- Drain and clean fuel tank.
- Renew gearbox lubricating oil.
- Service atomisers.

### Every 2,400 hours

- Arrange for examination and service of proprietary equipment, i.e. starter, generator, etc.
- Check and adjust valve tip clearances.

## post delivery checkover

After a customer has taken delivery of his Perkins Marine Diesel engine, a general checkover of the engine must be carried out after the first 25/50 hours in service.

The checkover should comprise the following :—

1. Drain lubricating oil renew lubricating oil canister and refill sump to full mark on dipstick with new oil.
2. Tighten the cylinder head setscrews in the correct sequence (see fig. 3) and to the correct torque of 85 lbf ft (11,75 kgf m).
3. Reset valve clearances to 0.012 in (0,30 mm) cold (see Page 29).
4. Check coolant level in header tank and inspect for coolant leaks.
5. Check external nuts, setscrews, mountings, etc. for tightness.
6. Check fresh and sea water pump drive belt tensions.
7. Check electrical equipment and connections.
8. Check for lubricating and fuel oil leaks.
9. Check engine idling speed (see page 23).
10. Check general performance of engine.

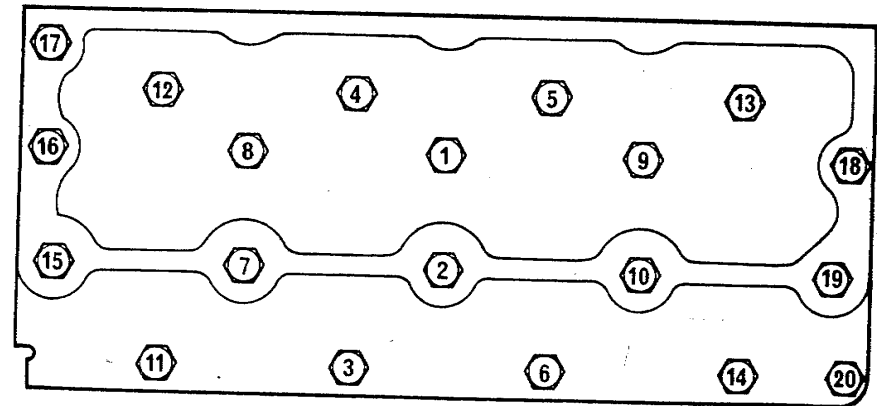


Fig. 3.

## preservation of laid up engine

Where a boat is to be laid up for several months, the engine should be protected as follows :—

1. Clean all external parts.
2. Run engine until warm. Stop and drain the lubricating oil sump.

3. Renew the lubricating oil filter canister.
4. Clean out engine breather pipe.
5. Fill lubricating oil sump to correct level with new oil of an approved grade.
6. Drain all fuel oil from fuel tanks and filters. Put into the fuel tank at least one gallon of one of the oils listed under "Recommended Oils for the Fuel System" (see page 17). If, because of the construction of the fuel tank, this quantity of oil is inadequate, break the fuel feed line before the first filter and connect a small capacity auxiliary tank. If the fuel tank(s) cannot be drained they should be filled.
7. Prime the system as detailed on page 21.
8. Start engine and run it at half speed for 15 minutes when the oil will have circulated through the injection pump, pipes and atomisers.
9. Seal the air vent in the tank or filler cap with waterproof adhesive tape.
10. Drain water from heat exchanger and engine cylinder block. The heat exchanger should be removed and serviced; the cylinder block may be flushed back through the drain points with the thermostat removed. If it is decided to refill the fresh water system with antifreeze the precaution on page 19 should be followed.
11. Lubricate the interior of the sea water pump body with Glycerine or MARFAK 2HD grease, or remove impeller for lay-up period.
12. Remove the atomisers and spray into the cylinder bores  $\frac{1}{4}$  pint (0,14 litre) of lubricating oil divided between all cylinders. Rotate the crankshaft one complete revolution and replace atomisers.
13. Seal the air intake with waterproofed adhesive tape.
14. Remove the exhaust pipe and seal the manifold port.
15. Remove cylinder head cover, lubricate the rocker assembly and replace cover.
16. Remove fresh and sea water pump driving belts.
17. **Batteries**
  - (a) Remove the batteries and top up cells with distilled water.
  - (b) Recharge.
  - (c) Clean the terminals and lightly smear with petroleum jelly.

(d) Store in a cool, dry, dust free place. Avoid freezing risk.

(e) Recharge once a month.

#### 18. Starters and Generators

Clean terminals and lightly smear with petroleum jelly. The generator, starter and control board must be protected against rain.

### OILS RECOMMENDED FOR PRESERVATION OF FUEL SYSTEM

Lowest Temperature to be expected during lay-up

Esso IL815	25°F (— 4°C)
Esso IL1047	0°F (—18°C)
Shell Calibration Fluid "C" (U.K.)	0°F (—18°C)
Shell Calibration "B" (Overseas)	—70°F (—57°C)
Shell Fusus "A"	—15°F (—26°C)
Shell Fusus "A" R1476 (Old Type)	25°F (— 4°C)

No attempt should be made to restart the engine until the temperature has been at least 15°F (9°C) above that shown in the table, for not less than 24 hours, otherwise there may be difficulty in obtaining a free flow of fuel.

The proprietary brands of oils listed are recommended for the purpose by the oil companies. They may not be available in all parts of the world, but suitable oils may be obtained by reference to the oil companies. The specification should include the following:—

Viscosity: Should not be greater than 22 centistokes at the lowest ambient temperature likely to be experienced on re-starting.

Pour Point: Must be at least 15°F (9°C) lower than the lowest ambient temperature to be experienced on restarting and should be lower than the lowest temperature likely to be met during the lay-up period.

The oils selected are not necessarily suitable for calibrating or testing pumps.

## PREPARING THE ENGINE FOR RETURN TO SERVICE

When the engine is to be returned to service, the following procedure must be observed:—

1. Thoroughly clean all external parts and refit sea-water pump impeller (where applicable).
2. Remove adhesive tape from the fuel tank vent or filler cap.
3. Drain fuel tank to remove any remaining oil and condensed water and refill the tank with fuel oil. If tanks have been filled, drain water from tap if this has been provided by the boat builder.
4. Fit new fuel filter element (see page 22).
5. Vent and prime the fuel injection pump (see page 21).
6. Close all coolant drain taps and fill the system with clean coolant. Check for leaks. Remember that if a coolant solution of 25% anti-freeze manufactured to BS3151 has been left in the system, then a life expectation of one year can be expected of the solution.
7. Rotate fresh water pump by hand to ensure freedom of water pump seals. If the pump will not rotate with a reasonable amount of persuasion then it will have to be removed to determine the cause.
8. Refit fresh and sea water pump driving belts.
9. Remove the rocker cover, lubricate rocker assembly with engine oil. Replace cover.
10. Remove adhesive tape from the air intake.
11. Remove adhesive tape from the exhaust manifold port and refit exhaust pipe(s).
12. **Starter and Generator**  
Wipe the grease from the terminals and check that all connections are sound. If the starter is fitted with a Bendix type of drive, lubricate with a little light engine oil. CA45 co-axial starters, except where they are fitted with dust covers, should be given the same treatment.
13. Connect the batteries.
14. Check the level and condition of the oil in the sump. Change the oil if necessary.
15. Start the engine in the normal manner checking for oil pressure and electrical rate of charge. Whilst the engine is reaching its normal running temperature, check that it is free from water and oil leaks.

### Note:

If the foregoing instructions are observed, the laying-up and return to service should be carried out efficiently and without adverse effect on the engine. However Perkins Engines Ltd., cannot accept liability for direct or consequential damage that might arise following periods of lay-up.

## frost precautions

Precautions against damage by frost should be taken if the engine is to be left exposed to inclement weather either by adequately draining the cooling system or where this is not convenient, an anti-freeze of reputable make and incorporating a suitable corrosion inhibitor may be used.

Should it be the policy to protect engines from frost damage by adding anti-freeze to the cooling system, it is advisable that the manufacturers of the relevant mixture be contacted to ascertain whether their products are suitable for use in Perkins Engines and also to ensure that their products will have no harmful effect on the cooling system generally.

It is our experience that the best results are obtained from anti-freeze which conforms to British Standard 3151.

The coolant solution containing 25 per cent of antifreeze manufactured to BS 3151 in water in a properly maintained engine should maintain its antifreeze and anti-corrosive properties throughout the winter season in the U.K. and in general, a safe life of 12 months may be reasonably expected.

When draining the water circulating system, the tap on the cylinder block must be opened. There may be other drain taps on exhaust manifolds, oil coolers etc., all of which must be opened.

When the engine is drained, the fresh water pump is also drained but the rotation of the pump may be prevented by—

- (a) locking of the impeller by ice due to the pump hole being blocked by sediment.
- (b) locking of the seal through the freezing of globules of moisture between the seal and the gland.

Operators are therefore advised to take these precautions when operating in temperatures below freezing point.

1. Before starting the engine turn the fresh water pump by hand: this will indicate if freezing has taken place. If freezing has taken place, this should free any ice formation.
2. If it is impossible to turn the pump by hand, the engine should be filled with warm water.
3. To avoid this trouble, it is advisable when all water has been drained to run the engine for a few seconds at idling speed, thus dispersing any moisture remaining in the pump.

After an anti-freeze solution has been used, the cooling system should be thoroughly flushed in accordance with the manufacturers instructions before refilling with normal coolant.

If the foregoing action is taken, no harmful effects should be experienced but Perkins Engines Ltd., cannot be held responsible for any frost damage or corrosion which may be incurred.

## **fuel system**

The importance of cleanliness in all parts of the fuel system cannot be overstressed. Dirt and sludge are killers to the engine life blood.

### **FUEL OIL SPECIFICATION**

The fuel oil used in Perkins Marine Engines should conform to the following specifications :—

#### **United Kingdom**

BS.2869 : 1967 — Class A1 and A2.

#### **United States**

A.S.T.M/D.975 — 66T — Nos. 1-D and 2-D.

Federal Specification VV - F - 800a : Grades DF-A, DF-1 and DF2 (according to operating ambient temperature).

#### **Germany**

DIN-51601 (1967).

#### **France**

J.O. 14/9/57 Gas Oil or Fuel Domestique.

#### **Italy**

Cuna-Gas Oil NC-630-01 (1957).

#### **India**

IS : 1460/1968 — Grade Special and Grade A.

#### **Sweden**

SIS. 15 54 32 (1969).

#### **Switzerland**

Federal Military Specification 9140-335-1404 (1965).

Fuel oils available in territories other than those listed above which are to an equivalent specification may be used.

## **BLEEDING THE SYSTEM**

If the craft runs out of fuel causing the engine to stop running, or whenever any part of the system between the fuel tank and fuel injection pump has been disconnected, the fuel system will have to be bled.

Ensure there is sufficient fuel in tank and that the fuel tank cock, where fitted, is turned on.

1. Slacken air vent valve on side of control gear housing (see fig. 4).
2. Slacken vent valve fitted on one of the two hydraulic head locking screws ( see fig. 5).
3. Operate priming lever on fuel lift pump (if this is not possible, the camshaft driving the lift pump lever may be on maximum lift ; turn engine one revolution) and when fuel, free from air bubbles, issues from each venting point, tighten the screws in the following order :—
  1. Head locking screw.
  2. Governor vent screw.
4. Slacken the pipe union nut (see fig. 6) at the pump inlet, operate the priming lever and retighten when fuel, free from air bubbles, issues from around the threads.
5. Slacken unions at atomiser ends of two of the high pressure pipes.

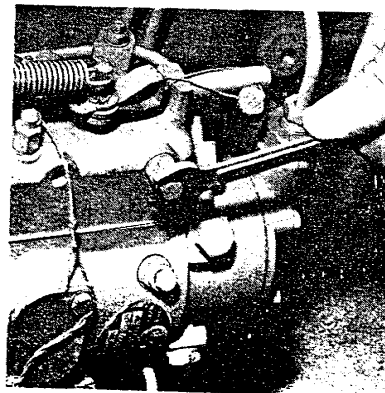


Fig. 4.

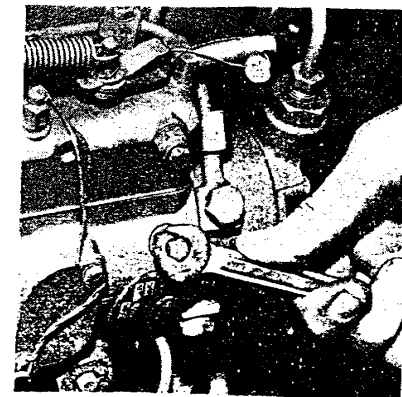


Fig. 5.

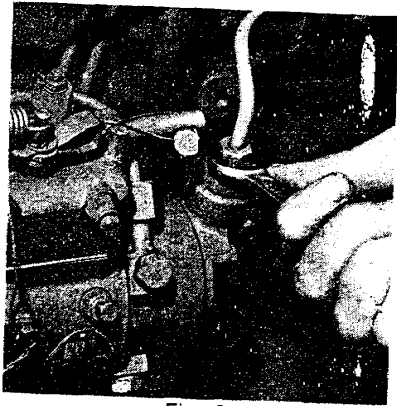


Fig. 6.

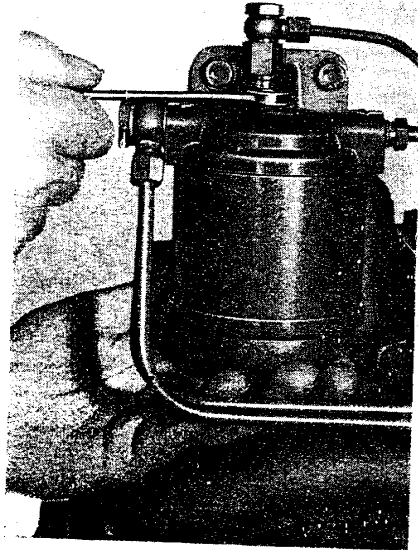


Fig. 7.

6. Set accelerator to the fully open position ensuring that the stop control is in the "run" position.
7. Turn engine until fuel, free from air bubbles, issues from both fuel pipes.
8. Tighten the unions on both fuel pipes, and the engine is ready for starting. In the unhappy event of the batteries becoming flattened during the above operation, look to your flare locker (did you check its contents before leaving port?). If in doubt about battery condition the load on the battery can be eased during cranking by preventing air being drawn into the air intake. Remove air filter and close off intake by pressing a large sheet of stiff cardboard or similar over intake, or remove atomisers.

## FUEL FILTERS

### To Renew Filter Elements

1. Clean exterior of filter assembly.
2. Unscrew setscrew at top of filter bowl. (see fig. 7).
3. Lower base and discard element (see fig. 8).
4. Clean filter head and bowl or base in suitable cleaning fluid.

5. Check sealing rings and, if damaged, renew.
6. Fit new element to filter bowl or new element to base.
7. Place square against filter head and tighten setscrew.
8. Bleed fuel system, as detailed previously.

### Sedimenter — Water Trap To Drain

Release the plug situated at the base of the fuel filter.

Allow water and sediment to drain off and when clean fuel emerges from the drain hole, replace the plug ensuring that there is no leakage of fuel.

### IDLING SPEED SETTING

The adjustment of the idling speed is made by means of the setscrew and locking nut (see fig. 9) on the top of the control gear housing.

### ATOMISER TESTING AND REPLACEMENT

Often a particular atomiser or atomisers causing trouble may be determined by releasing the pipe union nut on each atomiser in turn, with the engine running at a fast "tick-over". This will prevent fuel being pumped through the nozzle to the engine cylinder, thereby altering the engine revolutions. If after slackening a pipe union nut, the engine revolutions remain constant, this denotes a faulty atomiser.

When fitting a replacement atomiser it should be noted that the joint between the atomiser and cylinder head is made by a special copper washer. Care should be taken to ensure that only this type of copper washer is used. The recess in the cylinder head, the faces of the copper washer and the corresponding face of the

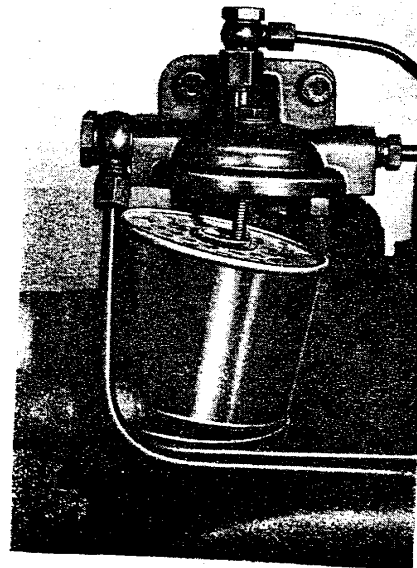


Fig. 8.

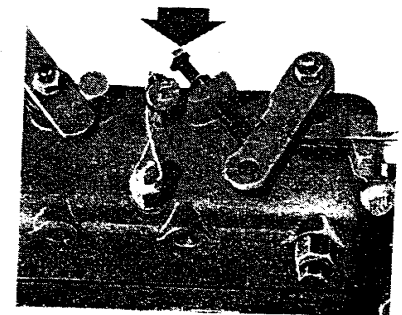


Fig. 9

nozzle holder cap must be perfectly clean if a leakproof joint is to result. Fit new copper washers each time an atomiser is replaced.

The nuts on the flange should be tightened down evenly to prevent the atomiser nozzle being canted and so nipped in the cylinder head. Uneven tightening will almost certainly result in blowby. Over tightening high pressure fuel pipe nuts will result in split olives.

## cooling system

The system incorporates a heat exchanger, cooling water in a closed circuit, using raw water as the cooling medium. The raw water discharge can be used for normal water injection into the silencing system. A thermostat fitted into the closed circuit system keeps the engine at optimum temperature of 168 - 197°F (75 - 91°C). Two water pumps are used.

### Coolant Capacity — Engine only

25 Imp. pints (14.2 litres) 15 U.S. qts.

### Rubber Impeller Type Water Pump

The pump should **never** be run in a dry condition (impeller blades will tear) and if the engine is to be withdrawn from service for any length of time, it will be necessary to pack the water pump with MARFAK 2HD grease. (Where this is not available, glycerine may be used). This is effected by removing the pump end plate, giving access to the interior of the pump, which can then be packed with grease, or glycerine introduced through the top-most pipe connection after removing the rubber hose. Turn engine over to spread the lubricant.

This treatment is usually effective for about three months, and should be repeated prior to recommencement of service if laid up for a longer period than this.

### ALWAYS CARRY A SPARE IMPELLER

### Water Pump Drive Belts

Check the tensions of the sea and fresh water pump drive belts. When correctly adjusted, sideways movement of belt between water pump and crankshaft pulley should be  $\frac{3}{8}$  in (10 mm).

## Heat Exchangers

If the tube stacks are badly choked the best method of cleaning is to place the assembly in a boiling caustic soda solution. This will loosen all foreign matter adhering to the unit. Generally speaking, however, the fresh water side i.e. the outside of the tubes, should be fairly clean as these are on the closed circuit. The inside of these tubes which may have salt water passing through them are more likely to require cleaning. If these are not badly scaled enough to require the caustic soda solution treatment described above, they can be cleaned by pushing a length of  $\frac{1}{8}$  in (3.2 mm) diameter steel rod down the tubes to dislodge any foreign matter. It is **IMPORTANT** when doing this, that the rod is pushed through the tubes in the opposite direction to that in which the water flows also that the rod does not damage tube walls.

## Seacocks and Strainers

Ensure that seacocks are open prior to starting the engine and that, after the engine has started, there is a flow of water from the discharge pipe. The operator knows his home water so cleaning of the strainer is left to his discretion, but regular checks should be made of the engine water temperature gauge. Fig. 10 shows a typical seacock position.

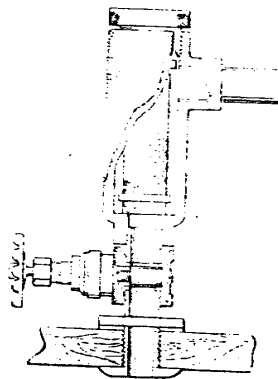


Fig. 10.

## Lubricating system

The importance of correct and clean lubrication cannot be stressed too highly and references to engine oil should be taken to mean lubricating oil which falls within the specification given in this section. Care should be taken that the oil chosen is that specified for the climatic conditions under which the engine is operated. The sump should be filled to the correct level but DO NOT overfill above the full mark.

As, in most cases, the sump cannot be drained by unscrewing the drain plugs due to the installation, a sump pump can be provided if it is not already fitted, to facilitate removal of sump oil.

### Oil Pressure

This should be 30/60 lbf/in<sup>2</sup> (2,1/4,2 kgf/cm<sup>2</sup>) at normal working speed and temperature. The pressure will drop whilst the engine is idling also a slight drop will be experienced when the oil is hot, this is quite normal.

### Oil Filters

The lubricating oil filter fitted to the 4.154M engine is the screw type in which the element is an integral part of the bowl or canister. The canister is secured to the filter head by a threaded adaptor.

### Renewing Oil Filter

1. Clean exterior of filter.
2. Unscrew canister from filter head, before disposal, check that threaded adaptor is secure in filter head.
3. Using clean engine oil, lightly oil top seal of replacement canister.
4. Screw replacement canister on to filter head until canister seal just touches head and then tighten by hand a further half turn. If canister is overtightened, difficulty may be experienced in its removal.
5. Run the engine and check for leaks. Do not run engine at high speed until oil pressure has built up. Recheck oil level and top up as necessary.

### Oil Coolers

Under normal circumstances, oil coolers will require little attention, providing the sea water inlet strainer is efficient and kept clean.

After a lengthy period of service it may be necessary to clean the tube stack and this may be effected in a similar manner to that given for the heat exchanger.

## LUBRICATING OILS

Lubricating oils should meet the requirements of the U.S. Ordnance Specifications MIL-L-46152 or MIL-L-2104C. Some of these oils are listed below. Any other oils which meet these specifications are also suitable.

### MIL-L-46152 OILS

Company	Brand	SAE Designation		
		0°F (-18°C) to 30°F (-1°C)	30°F (-1°C) to 80°F (27°C)	Over 80°F (27°C)
B.P. Ltd.	Vanellus M	10W	20W	30
Castrol Ltd.	Vanellus M		20W-50	20W-50
	Castrol/Deusol CRB	10W	20	30
	Castrol/Deusol CRB	5W/20		
	Castrol/Deusol CRB	10W/30	10W/30	10W/30
A. Duckham & Co. Ltd.	Castrol/Deusol CRB		20W/50	20W/50
	Fleetol HDX	10	20	30
	Q Motor Oil		20W/50	20W/50
	Fleetol Multi V		20W/50	20W/50
	Fleetol Multilite	10W/30	10W/30	10W/30
Mobil Oil Co. Ltd.	Farmadcol HDX		20	30
	Delvac 1200 Series	1210	1220	1230
	Delvac Special	10W/30	10W/30	10W/30
Shell	Rotella TX	10W	20W/20	30
	Rotella TX		20W/40	20W/40

### MIL-L-2104C OILS

Company	Brand	SAE Designation		
		0°F (-18°C) to 30°F (-1°C)	30°F (-1°C) to 80°F (27°C)	Over 80°F (27°C)
B.P. Ltd.	Vanellus C3	10W	20W/20	30
Castrol Ltd.	Castrol/Deusol CRD	10W	20	30
	Agricastrol HDD	10W	20	30
A. Duckham & Co. Ltd.	Fleetol 3	3/10	3/20	3/30
	Farmadcol 3	3/10	3/20	3/30
Esso Petroleum Co. Ltd	Essolube D-3 HP	10W	20W	30
Mobil Oil Co. Ltd.	Delvac 1300 Series	1310	1320	1330
Shell	Rimula CT	10W	20W/20	30
	Rotella TX	10W	20W/20	30
	Rotella TX		20W/40	20W/40

Where oils to the MIL-L-46152 or MIL-L-2104C specification are not available, then oils to the previous specification MIL-L-2104B may continue to be used providing they give satisfactory service.

Lubricating oils for use in Perkins Diesel engines should have a minimum viscosity index of 80.

The above specifications are subject to alteration without notice.

# gearboxes

## BORG-WARNER 71CR

### Filling

Transmission fluid Type "A" should be added until it reaches the full mark on the dipstick. The unit should be turned over at idling speed for a short time to fill all circuits.

### Procedure for checking oil level

The oil level should be checked immediately after shut-down and sufficient oil added to bring the level to the full mark on the dipstick. The dipstick assembly need not be threaded into the case to determine oil level. Later boxes have a plug type dipstick.

### Oil Capacities

Type	Level			Inclined		
	U.S. Quarts	Imp. Pints	Litres	U.S. Quarts	Imp. Pints	Litres
71C & CR	1.8	3.0	1.71	1.3	2.2	1.2
1.523 : 1	2.5	4.2	2.36	2.7	4.5	2.56
1.91 : 1	2.5	4.2	2.36	2.7	4.5	2.56
2.10 : 1	2.5	4.2	2.36	2.7	4.5	2.56
2.57 : 1	2.5	4.2	2.36	2.7	4.5	2.56
2.91 : 1	2.5	4.2	2.36	2.7	4.5	2.56

### Oil Temperatures and Pressures

Oil pressure 110 - 150 lbf/in<sup>2</sup> (7,73 - 10,55 kgf/cm<sup>2</sup>) at normal operating temperatures of 150 - 165°F (66,55 - 73,8°C). At low temperature or excessive speeds, pressures of 200 - 250 lbf/in<sup>2</sup> (14,06 - 17,58 kgf/cm<sup>2</sup>) may be obtained. A maximum transmission oil temperature of 190°F (87,6°C) is recommended.

### PROPELLER SHAFT TRAILING (auxiliary yacht installations)

When oil operated reverse gears are used on auxiliary yacht installations care must be exercised when trailing the propeller with the engine or engines out of use.

With the Borg Warner gearbox it is permissible to trail for 8 hours providing the following shaft speeds are not exceeded :—

Direct Drive	rev/min
1.5	1,500
1.9	1,000
2.1	790
2.5	715
2.9	600
	520

Transmissions incorporating reduction gear must have means of stopping the transmission output shaft from prolonged or continuous freewheeling. This is because the engine, being stopped, does not drive the oil pump in the gearbox. The box therefore is not being properly lubricated.

Propeller shaft brakes are available and the boat builder or stern gear specialist should be contacted for further details.

## checking valve tip clearances

Note : When turning engines, they should always be turned in their normal direction of rotation, i.e., anti-clockwise when viewing from the gearbox end.

This is set between the top of the valve stem and rocker arm and should be 0.012 in (0,30 mm) cold (see Fig. 11).

When setting valve clearances the following procedure should be adopted :—

1. With the valves rocking on No. 4 cylinder (i.e. the period between the opening of the inlet valve and the closing of the exhaust valve), set the valve clearances on No. 1 cylinder.
2. With the valves rocking on No. 2 cylinder, set the valve clearances on No. 3 cylinder.
3. With the valves rocking on No. 1 cylinder, set the valve clearances on No. 4 cylinder.
4. With the valves rocking on No. 3 cylinder, set the valve clearances on No. 2 cylinder.



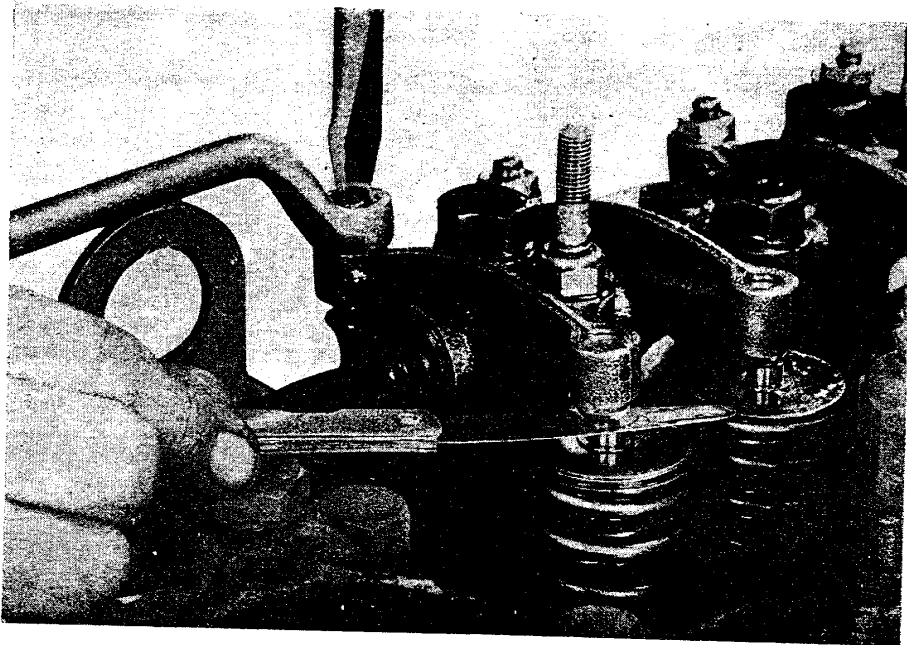


Fig. 11

## electrics

### Alternator

The alternator has two parts, a stator and a rotor. When the rotor rotates inside the stator windings, alternating current (AC) is produced. This is unsuitable for charging the battery so a rectification unit comprising of diodes is built into the alternator. These are connected in such a manner that the alternator output is direct current (DC) when it is delivered to the battery. The alternator output is controlled by a fully transistorised regulator which requires no servicing and is non-repairable. The alternator type can be found stamped on the alternator body or identification plate e.g. 11AC.

### Starter Motors

The starter motor provides mechanical overspeed protection by means of a centrifugally operated mechanism for releasing the pinion from the flywheel when excessive rotational speeds are reached. The solenoid and main switch assemblies are contained inside the drive end-shield. No maintenance is required between periodic overhaul (see page 14). The machine type is stamped on the body or identification plate e.g. CA45.

### Electronics Screening (radar etc.)

Many pieces of equipment on board generate interference signals and these are picked up by the radio receiver indiscriminately. It is therefore desirable to screen these signals if possible. Radio interference suppression is a very wide and variable subject and it is suggested that a specialist is contacted to advise on this sometimes difficult problem.

### Electrolytic Corrosion

This can occur when two dissimilar metals are brought together in the presence of sea water. Care is taken to avoid this in the design of the engine although different metals are necessary, but a brass or bronze pipe fitting attached to aluminium parts for example will result in rapid corrosion.

Particular care is necessary when installing an engine in an aluminium hull. Zinc anodes can be fitted to hulls where corrosion cannot be entirely avoided, and specialist firms will advise on the use of these.

Corrosion can also be caused by current leaking from the battery and other parts of the electrical system to the hull via the engine or metal fittings.

### Battery Maintenance

**WARNING.** Batteries under charge give off an explosive gas. Ensure therefore that the batteries are properly and securely sited with plenty of ventilation and have access for maintenance. Isolate battery when not in use (isolation switch) and maintain correct electrolyte level i.e. just above top of separators.

Keep battery clean and dry to avoid possible corrosion and current leakage.

Ensure connections are clean and tight and that cable size is adequate for the installation, to avoid overheating.

Any component that may cause arcing must not be fitted in the battery space.

### GENERAL PRECAUTIONS

When alternators are used in the charging circuit the following precautions must be taken:—

**NEVER** disconnect the battery or switch 'off' at the starter switch whilst the alternator is running. This will cause a voltage surge in the system damaging diodes and transistors.

NEVER disconnect any electrical lead without first stopping the alternator and turning all switches to the 'OFF' position. ALWAYS identify a lead to its correct terminal before disconnection. A short circuit or reversed polarity will destroy diodes and transistors.

NEVER connect a battery into the system without checking for correct polarity and correct voltage.

NEVER 'Flash' connections to check for current flow. No matter how brief the 'flash', the transistors may be destroyed.

NEVER experiment to try and adjust or repair the system unless you have had training on alternators and you have the correct test equipment and technical data.

NEVER earth the field circuit.

NEVER run the alternator on an open circuit.

NEVER attempt to polarize an alternator. When using a battery charger disconnect battery cables.

NEVER apply a battery voltage direct to the regulator or alternator field terminals as this will damage the transistors.

Disconnect the alternator terminals before carrying out any electrical welding on the boat as the intense magnetic field created by the 'make' and 'break' of the arc may cause damage to the diodes.

Do not check for continuity of the alternator or regulator with an insulation tester, such as a 'Wee Megger' etc.

Always disconnect the battery before connecting test instruments (except voltmeter) or before replacing any unit or wiring.

## emergency measures

If the engine stops the first thing to do is check that the fuel supply is ON. If the fuel valves or taps are open then check level in fuel tank. If the engine has been run until the fuel tank is completely empty there is a very good chance that there is a lot of dirt in the fuel lines. Change the fuel filter and having refuelled, bleed the system and re-start the engine.

If the engine slows down or loses power there could be something wrapped round the propeller. Always check this first. Check air intake for obstruction and engine compartment for good supply of air. The air intake mesh may be clogged with foreign matter sucked from a dirty engine compartment.

If the engine coolant boils ease down the throttle and try to ascertain the cause. The first check here is at the sea cock to ensure adequate cooling water supply, if satisfactory, check raw water pump operation, perhaps the impeller has failed; if so, replace with the spare impeller which should **always** be carried as an on board spare.

Should one engine be shut down on a twin engined installation ensure that the propeller shaft of the shut down engine is braked so that the speeds given for the type of gearbox are not exceeded (see page 28).

If a serious leak occurs on a high pressure fuel pipe, disconnect and direct flow into a can or other receptacle and run on remaining cylinders. On NO account attempt to flatten the pipe as this will ruin the fuel injection pump. Leaks in low pressure fuel pipes can be temporarily repaired by the use of adhesive tape, hose and clips.

Auxiliary yacht installations may require the engine to be run while beating to windward. Under these conditions the boat may heel up to 30° without adverse effect on the lubrication system providing the boat is righted occasionally, in order to lubricate the valve gear.

Coolant leaks can normally be dealt with by adhesive tape, hose and clips.

If a serious oil leak occurs shut down the engine immediately and try to find the cause. Oil leaks are a lot harder to cure temporarily, because of the pressure involved. However if the main flow can be stemmed to a drip or dribble place a can underneath the leak and replenish the engine with new oil (from the spare oil can) at the same rate as the loss.

Drip trays of metal or glass fibre should be used beneath the engine to stop lubricating oil or fuel oil dripping into the bilges. Care must be taken to avoid galvanic action with the drip tray e.g. a copper tray should not be used under an aluminium alloy sump. Remember to keep the drip tray clean as this gives an early indication of leakages.

## fault finding chart

Fault	Possible Cause
Low cranking speed	1, 2, 3, 4.
Will not start	5, 6, 7, 8, 9, 10, 12, 13, 14, 15, 16, 17, 18, 19, 20, 22, 31, 32, 33.
Difficult starting	5, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 18, 19, 20, 21, 22, 24, 29, 31, 32, 33.
Lack of power	8, 9, 10, 11, 12, 13, 14, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 31, 32, 33.
Misfiring	8, 9, 10, 12, 13, 14, 16, 18, 19, 20, 25, 26, 28, 29, 30, 32.
Excessive fuel consumption	11, 13, 14, 16, 18, 19, 20, 22, 23, 24, 25, 27, 28, 29, 31, 32, 33.
Black exhaust	11, 13, 14, 16, 18, 19, 20, 22, 24, 25, 27, 28, 29, 31, 32, 33.
Blue/white exhaust	4, 16, 18, 19, 20, 25, 27, 31, 33, 34, 35, 45, 56.
Low oil pressure	4, 36, 37, 38, 39, 40, 42, 43, 44, 58.
Knocking	9, 14, 16, 18, 19, 22, 26, 28, 29, 31, 33, 35, 36, 45, 46, 59.
Erratic running	7, 8, 9, 10, 11, 12, 13, 14, 16, 20, 21, 23, 26, 28, 29, 30, 33, 35, 45, 59.
Vibration	13, 14, 20, 23, 25, 26, 29, 30, 33, 45, 48, 49.
High oil pressure	4, 38, 41.
Overheating	11, 13, 14, 16, 18, 19, 24, 25, 45, 47, 50, 51, 52, 53, 54, 57.
Excessive crankcase pressure	25, 31, 33, 34, 45, 55.
Poor compression	11, 19, 25, 28, 29, 31, 32, 33, 34, 46, 59.
Starts and stops	10, 11, 12.

## KEY TO FAULT FINDING CHART

- |   |  |
|---|--|
| 1. Battery capacity low.                      | 30. Incorrect high pressure pipes.                         |
| 2. Bad electrical connections.                | 31. Worn cylinder bores.                                   |
| 3. Faulty starter motor.                      | 32. Pitted valves and seats.                               |
| 4. Incorrect grade of lubricating oil.        | 33. Broken, worn or sticking piston ring(s).               |
| 5. Low cranking speed.                        | 34. Worn valve stems and guides.                           |
| 6. Fuel tank empty.                           | 35. Overfull air cleaner or use of incorrect grade of oil. |
| 7. Faulty stop control operation.             | 36. Worn or damaged bearings.                              |
| 8. Blocked fuel feed pipe.                    | 37. Insufficient oil in sump.                              |
| 9. Faulty fuel lift pump.                     | 38. Inaccurate gauge.                                      |
| 10. Choked fuel filter.                       | 39. Oil pump worn.   |
| 11. Restrictor, in air cleaner.               | 40. Pressure relief valve sticking open.                   |
| 12. Air in fuel system.                       | 41. Pressure relief valve sticking closed.                 |
| 13. Faulty fuel injection pump.               | 42. Broken relief valve spring.                            |
| 14. Faulty atomisers or incorrect type.       | 43. Faulty suction pipe.                                   |
| 15. Incorrect use of cold start equipment.    | 44. Choked oil filler.                                     |
| 16. Faulty cold starting equipment.           | 45. Piston seizure/pick up.                                |
| 17. Broken fuel injection pump drive.         | 46. Incorrect piston height.                               |
| 18. Incorrect fuel pump timing.               | 47. Open circuit strainer or weed trap blocked.            |
| 19. Incorrect valve timing.                   | 48. Faulty engine mounting (housing).                      |
| 20. Poor compression.                         | 49. Incorrectly aligned flywheel housing or flywheel.      |
| 21. Blocked fuel tank vent.                   | 50. Faulty thermostat.                                     |
| 22. Incorrect type or grade of fuel.          | 51. Restriction in water jacket.                           |
| 23. Sticking throttle or restricted movement. | 52. Loose water pump drive belts.                          |
| 24. Exhaust pipe restriction.                 | 53. Gearbox or engine oil cooler choked.                   |
| 25. Cylinder head gasket leaking.             | 54. Faulty water pump.                                     |
| 26. Overheating.                              | 55. Choked breather pipe.                                  |
| 27. Cold running.                             | 56. Damaged valve stem oil deflectors (if fitted).         |
| 28. Incorrect tappet adjustment.              | 57. Coolant level too low.                                 |
| 29. Sticking valves.                          | 58. Blocked sump strainer.                                 |
|   | 59. Broken valve spring.                                   |

## **EXAMPLES OF SERVICE FACILITIES**

### **Service Publications**

The following Service Literature may be purchased through your local Perkins Distributor.

Workshop Manuals.

Workshop Data.

Operator Handbooks.

Turbocharger Service Instructions.

Preservation for Diesel Engines.

Valve Seat Inserting and Cylinder Head Skimming.

CAV D.P.A. Fuel Pump Workshop Manual.

CAV D.P.A. Fuel Pump Test Data.

Simms Fuel Pump Workshop Manual.

Etcetera

### **Service Instruction**

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